

Lesson Plan: BYAG 4

Course Reference: 4

Subject: BYAG Ambition

Duration: 60 minutes



Lesson Objectives:

- Students will understand that ambition can help them to develop additional skills which can benefit them.
- Students will identify goals and then set action plans towards achieving them.
- Students will understand that understanding the minimum requirements of their job is just the beginning and identify ways they can exceed those requirements.
- Students will identify their weaknesses and obstacles before them and identify a path in order to be able to overcome them.
- Participants should be able to identify actions they can take to achieve their professional goals, and how that applies to the rest of their lives.

1. Provide an introduction to Ambition (10 minutes).

- a. Write on the whiteboard "Look" and "Act"
- b. Break all students up into groups of 3 by numbering.
- c. Give each group 2 minutes to develop a list of 3 ways to "Look" like an ambitious person. Ask each group to share 1 item from their list and write that one the whiteboard.
- d. Give each group 2 minutes to develop a list of 3 ways to "Act" like an ambitious person. Ask each group to share 1 item from their list and write that on the whiteboard.
- e. Provide the BYAG definition of Ambition, "Taking initiative and adding value. Do more than the minimum."

2. Going the Extra Mile Motivation Activity (20 minutes, pg. 38 workbook):

- a. PREP: Draw the 5 shapes on the whiteboard
- b. SAY "Knowing what motivates you helps you to go the extra mile in accomplishing your goals. It will also help you increase your performance at work. When you know what motivates others, you can also encourage them in the way that inspires them."
- c. Have your students select a partner that is a different personality shape than themselves. Each group should complete the worksheet on page 38 of their workbook. They will have 10 minutes to list at least 1 motivates and 1 demotivates for each personality shape.
- d. Give 30 seconds to provide 1-2 examples of what motivates a square and 30 seconds for demotivates a square, repeat for each shape.
- e. ASK "How does it help to know what motivates others?"

3. Vision Statement Activity (25 minutes, pg. 34 workbook):

- a. WATCH OR SHARE: Ambition video from References

b. ASK: "Where do you see yourself in the next 3 months? In 6 months? In 1 year? Today, will we write our own vision statement. The vision statement will help you focus your life and goals in right direction. Give the students 8 minutes to create their vision statement on pg. 34 of the workbook.

c. Ask for 2 volunteers to share their personal vision statement with the group.

d. Brainstorm on the whiteboard with group to identify the most important thing you need to do in order to reach your vision/goal? Limit to 2-3 minutes

4. Closing Task (5 minutes):

a. Provide each student a blank post-it note and ask them to identify 1 action around ambition you are committed to making when you leave this training and 1 way to keep yourself motivated.